



## Bal Krishna

Krishna is one of the most popular Gods in the Hindu faith. Krishna is believed to be an avatar (incarnation) of the god, Vishnu. It is believed that all other deities (gods) are manifestations of him. *Bal Krishna* is Krishna as a child, sometimes translated to "Divine Child Krishna"

Krishna is considered to be a warrior, hero, teacher and philosopher by Hindus. The stories of Krishna portray him in many different ways - as a god-child, a prankster, a model lover, a divine hero and the Supreme Being.

Krishna's birthday is celebrated by Hindus over two days during Krishna Janmashtami. It is believed that Krishna was born at midnight and it is at this time that the true festivities commence. Food is prepared from milk and curds, said to have been the favourite food of Bal Krishna. In Temples images of Krishna are bathed and placed in cradles, whilst the shankh (conch shell) is played. Bells are rung, songs are sung and people dance.

